

Shepherd Lake 5K May 9, 2015

Overall Place	AG Place	Total Tm	Name	Age Group	Gender	Age	Team Name
1	1	17:48.0	Dennis Arnold	M 20	M	23	
2	1	19:27.9	Jonathan Panettieri	M 30	M	30	
3	1	19:46.2	Gary Thomas	M 50		55	
4	1	19:57.6	Joseph Politano	M 40	M	41	
5	2	20:14.5	Brian Harris	M 50	M	51	
6	1	20:22.4	Garrett Bergold	M 12-14	M	13	
7	1	20:41.4	Daniel Lakousta	M 15-19	M	16	Lakeland
8	2	20:55.1	Ken Bakk	M 40	M	49	
9	2	20:57.6	Joshua Schaffer	M 15-19	M	16	
10	3	21:05.3	Jack Neblung	M 15-19	M	15	
11	3	21:07.1	James Button	M 50	M	57	
12	4	21:13.8	Kent Edens	M 50	M	52	
13	4	21:16.7	Sedlak Ryan	M 15-19			
14	2	21:24.7	Jake Scochemaro	M 12-14	M	14	Rage
15	3	21:27.7	Luke Scochemaro	M 12-14	M	12	Revolution
16	2	21:30.3	Jamie Norrell	M 30	M	38	
17	3	21:33.6	Tenton Erikl	M 40	M	42	
18	4	21:36.4	Tom McDonald	M 40	M	47	
19	5	22:05.6	Hollis Robert	M 50	M	55	
20	5	22:09.4	Connor Boorse	M 15-19	M	15	
21	4	22:27.0	Zachary Boorse	M 12-14	M	13	Rampage
22	1	22:29.6	Karen Lyon	F 40	F	41	
23	3	22:37.7	Anthony Chirles Jr.	M 30	M	38	
24	1	22:39.3	Joe Jennings	M 60	M	62	
25	4	22:40.1	Kerr Michael	M 30	M	31	
26	1	22:46.2	Emma Gibson	F 12-14	F	13	
27	2	22:49.0	Peter Auteri	M 60	M	63	
28	1	22:58.0	- PC-97302 -				
29	1	22:59.5	Jenna Castro	F 20	F	22	
30	5	23:00.1	Dylan Fedele	M 12-14	M	13	Rampage
31	5	23:02.0	Pawel Zauter	M 40	M	46	
32	1	23:24.7	Kasey Farris	F 30	F	37	Team CLC
33	1	23:31.3	Angelina Perez	F Under 12	F	10	
34	6	23:39.9	Steven Brown	M 40	M	44	
35	6	23:43.0	Jake Bedell	M 15-19	M	16	
36	6	23:46.5	Ryan Arrizaz	M 12-14	M	12	Rampage
37	7	23:47.3	Adam Pizak	M 15-19	M	18	
38	6	23:55.2	Anthony Marino	M 50	M	50	
39	1	23:55.7	Owen Gibson	M Under 12	M	11	
40	2	24:05.3	Carter Pagan	M Under 12	M	11	
41	7	24:06.1	Jonathan Marten	M 12-14	M	13	
42	3	24:08.1	Charlie Wogisch	M Under 12	M	10	
43	4	24:08.8	Kyle Ross	M Under 12	M	11	
44	5	24:09.7	Jimmy Catalioto	M Under 12	M	11	
45	2	24:12.0	Hanna Miles	F Under 12	F	11	
46	7	24:14.5	Dean Naddeo	M 40	M	46	
47	2	24:16.7	Chloe Sudell	F 12-14	F	13	class of 2020
48	8	24:17.3	Luis Villon	M 15-19	M	15	
49	8	24:18.1	Jake Bandstra	M 12-14	M	13	Rampage
50	8	24:20.8	Robert Ransom	M 40	M	46	
51	3	24:21.5	Julia Caci	F 12-14	F	13	

52	2	24:23.0					
53	5	24:25.4	Jonathan Hodgson	M 30	M	39	Girls Gone Running
54	4	24:25.6	Lauren Diaz	F 12-14	F	13	
55	2	24:31.1	Brittany DePree	F 20	F	27	
56	6	24:38.3	Timmy Siegel	M Under 12	M	11	
57	9	24:38.9	Ethan Lehr	M 12-14	M	12	Revolution
58	7	24:41.0	Schuylar Jenks	M 50	M	58	
59	7	24:42.7	Jake Jerman	M Under 12	M	11	Revolution
60	1	24:44.8	Nancy Cliff	F 50	F	59	
61	6	24:46.0	Brian Tyburski	M 30	M	36	
62	8	24:49.1	Bruce Gibson	M 50	M	50	
63	7	24:52.5	Joost Monen	M 30	M	35	
64	9	24:52.8	Lukas Kopacki	M 15-19	M	15	LRHS Hockey
65	3	24:55.5	Faith Norrell	F Under 12	F	11	class of 2022
66	2	24:57.1	Lara Slaman	F 40	F	47	
67	8	25:00.2	Michael Schouten	M 30	M	33	
68	4	25:01.6	Margo Bergold	F Under 12	F	9	
69	2	25:03.3	Karina Davignon	F 30	F	33	Team CLC
70	9	25:09.1	Pravin Roopnarine	M 40	M	43	
71	10	25:13.3	William Lustig	M 40	M	47	
72	5	25:13.4	Gabriella Post	F 12-14	F	13	Advanced Crane Services
73	9	25:14.0	Jesse Bush	M 30	M	37	
74	3	25:14.0	Jessica Bush	F 30	F	38	
75	8	25:24.8	Aidan Slaman	M Under 12	M	10	LAX Rules
76	11	25:26.4	Craig Savage	M 40	M	42	
77	10	25:31.2	Joey Wogisch	M 12-14	M	12	
78	11	25:36.6	Filip Zauter	M 12-14	M	12	Revolution
79	10	25:39.4	Jacob Martin	M 15-19	M	15	Jouster's Running Club
80	12	25:41.5	Nicholas Yuhas	M 12-14	M	14	
81	9	25:42.3	Alex Naddeo	M Under 12	M	9	
82	10	25:42.5	John Matteson	M 30	M	39	
83	3	25:46.4	Christina Cummings	F 20	F	24	
84	9	25:51.5	Charlie Marron	M 50	M	59	
85	13	25:51.6	Ben Kopacki	M 12-14	M	12	Revolution
86	5	25:54.2	Brooke Roughton	F Under 12	F	10	class of 2022
87	11	25:55.6	Jack Unger	M 15-19	M	15	
88	12	26:02.9	Jaco-Louis Engelbrecht	M 40	M	48	Pequot Runners
89	11	26:02.9	Rob Wenzel	M 30	M	32	
90	14	26:06.7	Scott Martin	M 12-14	M	12	
91	10	26:11.9	Ron Marten	M 50	M	50	
92	15	26:13.5	Steven Busseno	M 12-14	M	13	Rampage
93	16	26:13.9	Thomas Bolognini	M 12-14	M	13	Rampage
94	3	26:15.0	Laurie Wallace	F 40	F	49	Girls Gone Running
95	4	26:17.5	Aimee Tkatchov	F 40	F	42	
96	13	26:19.5	william rena	M 40	M	42	Born to Run
97	17	26:20.9	Noah Lidestri	M 12-14	M	13	Rampage
98	10	26:35.0	Nathan Caldwell	M Under 12	M	9	
99	11	26:35.0	Noah Pagan	M Under 12	M	9	
100	2	26:35.2	Kevin Van Demark	M 20	M	28	Polar Bears
101	14	26:35.9	Stan Kwak	M 40	M	49	
102	12	26:36.3	James Finn	M 30	M	38	
103	5	26:36.3	Heather Nichols	F 40	F	43	
104	12	26:41.6	Randy Relovsky	M Under 12	M	10	
105	6	26:42.4	Julia McCormick	F Under 12	F	8	
106	1	26:45.5	William Ash	M 70	M	72	

107	7	26:48.2	Hannah Boorse	F Under 12	F	10	Rockers
108	6	26:51.8	Shannon Dunn	F 12-14	F	13	
109	13	26:55.9	Luke Jerman	M Under 12	M	10	Revolution
110	14	26:56.2	Max Miles	M Under 12	M	11	
111	18	26:56.3	Danny Siegel	M 12-14	M	13	
112	13	26:56.9	Alexander Bacha	M 30	M	31	
113	19	26:57.4	Tyler Mursch	M 12-14	M	13	
114	20	26:58.7	Bobby Wogisch	M 12-14	M	13	
115	4	26:59.2	ViviaN Nguyen	F 20	F	24	
116	1	27:02.3	Tristan Davison	m Under 12	m	10	
117	8	27:02.4	Peyton Lidestri	F Under 12	F	9	
118	7	27:11.5	Hannah Richman	F 12-14	F	13	
119	9	27:13.8	Olivia McCormick	F Under 12	F	8	
120	6	27:17.3	Michelle Fenwick	F 40	F	48	
121	15	27:22.1	Kevin Finn	M 40	M	48	
122	10	27:24.9	Jordan Ragot	F Under 12	F	11	
123	15	27:25.0	Carter Vargas	M Under 12	M	9	Renegades
124	16	27:25.4	John Caldwell	M 40	M	45	
125	16	27:25.5	Brian Kincaid	M Under 12	M	11	Raptors
126	8	27:32.1	Kate Mullin	F 12-14	F	12	
127	3	27:34.0	John Arnell	M 60	M	64	
128	17	27:37.9	Francisco Perez	M 40	M	47	
129	21	27:38.1	Connor Collins	M 12-14	M	14	
130	11	27:40.4	Claudia Brown	F Under 12	F	10	class of 2020
131	5	27:43.3	Lily Hsu	F 20	F	23	
132	17	27:45.7	Gavin Maguire	M Under 12	M	10	LAX Rules
133	3	27:48.1	Tom Frawley	M 20	M	23	
134	12	27:48.8	Abby Slaman	F Under 12	F	10	Class of 2022
135	6	27:49.6	Danielle Gelok	F 20	F	24	
136	18	27:50.6	Brian Moran	M 40	M	45	Advanced Crane Services
137	7	27:55.7	Melissa Tocci	F 40	F	40	Girls Gone Running
138	8	28:04.8	Kim Harnett	F 40	F	46	
139	18	28:11.5	Tyler Roughton	M Under 12	M	8	Renegades
140	11	28:21.2	John Cimins	M 50	M	58	Pequot Runners
141	2	28:23.0	Jann Jalori	F 50	M	52	
142	9	28:24.7	Dawn Uttel	F 40	F	45	
143	4	28:34.3	Kara Isgro	F 30	F	32	
144	19	28:35.2	Logan Muniz	M Under 12	M	11	
145	14	28:44.7	Shaun Savage	M 30	M	32	Team CLC
146	22	28:51.5	Jake Wierer	M 12-14	M	12	Rampage
147	10	28:54.6	Wendy Rhoads	F 40	F	44	
148	12	28:55.0	Don Weise	M 50	M	52	
149	13	28:55.7	Maeve Grant	F Under 12	F	10	
150	20	28:58.1	Rory McDonagh	M Under 12	M	10	
151	4	29:02.7	Robert Leto	M 20	M	28	
152	7	29:04.5	Nathalie Caparo	F 20	F	29	Polar Bears
153	9	29:06.0	Julia Slaman	F 12-14	F	12	Class of 2020
154	1	29:09.3	Jenica Gibson	F 15-19	F	18	
155	13	29:24.0	Luis Hernandez	M 50	M	52	Pequot Runners
156	23	29:29.2	Ethan Tojeira	M 12-14	M	13	Rampage
157	19	29:33.0	Robert Post	M 40	M	45	Advanced Crane Services
158	24	29:37.5	Dory Freshi	M 12-14	M	13	
159	25	29:41.3	Ethan Dispoto	M 12-14	M	14	Rage
160	4	29:44.3	Robert Schwarz	M 60	M	67	
161	26	29:48.1	Luke Stiers	M 12-14	M	12	Rampage

162	20	29:48.8	Dave Shapiro	M 40	M	47	
163	21	29:53.3	Edward Rose	M 40	M	48	
164	5	29:56.7	Deborah Cummings	F 30	F	30	
165	11	30:06.8	Lori Sahanas	F 40	F	48	Girls Gone Running
166	15	30:09.0	Alexandru Craus	M 30	M	31	
167	21	30:12.9	Aidan Kessler	M Under 12	M	11	
168	27	30:16.0	Samuel Craus	M 12-14	M	12	Rampage
169	14	30:22.2	John D Schaffer	M 50	M	51	
170	12	30:23.0	Daniela Craus	F 40	F	40	
171	13	30:23.3	Carol Schaffer	F 40	F	46	
172	3	30:24.3	- HX-79422 -				
173	22	30:32.7	Cameron Unger	M Under 12	M	11	
174	14	30:32.7	Emily Rod	F Under 12	F	11	class of 2022
175	10	30:35.4	Jamisen Bergold	F 12-14	F	12	
176	14	30:42.8	Diane Bergold	F 40	F	43	
177	23	30:49.1	Justin Lehr	M Under 12	M	8	Revolution
178	22	30:49.4	Joe Lehr	M 40	M	44	
179	3	30:50.0	Sue Bardzell	F 50	F	55	
180	16	30:54.3	Richard Cording	M 30	M	34	Team CLC
181	15	30:56.0	Michele A Perez	F 40	F	43	
182	24	31:04.6	Graham Bergold	M Under 12	M	10	
183	16	31:06.1	Dayna Owens	F 40	F	42	Girls Gone Running
184	15	31:11.8	Todd Jerman	M 50	M	50	
185	17	31:12.6	Stacy Jones	F 40	F	42	Girls Gone Running
186	17	31:16.2	shane mastrangelo	M 30	M	38	
187	5	31:16.3	james mastrangelo	M 60	M	68	
188	28	31:21.3	Matthew Capozzi	M 12-14	M	12	
189	23	31:23.0	Bill Freedman	M 40	M	47	
190	16	31:29.0	Kevin Martus	M 50	M	55	
191	18	31:29.4	Karen Zelinski	F 40	F	48	
192	19	31:31.3	Mabel Aguero	F 40	F	45	
193	17	31:34.2	Martin Williams	M 50	M	58	
194	20	31:38.4	Mary Marten	F 40	F	46	
195	11	31:40.4	Carly Merlo	F 12-14	F	13	
196	12	31:41.4	Annie Wogisch	F 12-14	F	13	
197	13	31:42.8	Shannon Broderick	F 12-14	F	12	
198	25	31:43.8	Brandon Norrell	M Under 12	M	8	Renegades
199	6	31:46.9	Wendy Alton	F 30	F	32	
200	18	31:46.9	John Dorf	M 50	M	56	
201	21	31:54.4	Linda Jerman	F 40	F	48	
202	24	31:54.7	Mike Dispoto	M 40	M	46	
203	22	31:55.1	Maria Setti	F 40	F	42	
204	25	31:58.4	Richard Bandstra	M 40	M	41	
205	19	31:58.7	Richard Pizak	M 50	M	56	
206	26	31:59.2	Joshua Bandstra	M Under 12	M	11	Raptors
207	23	32:01.6	Rachel Lehr	F 40	F	43	
208	24	32:03.8	Blythe Bedell	F 40	F	47	
209	25	32:17.4	Sharon Hoeland	F 40	F	45	
210	15	32:17.4	faith liu	F Under 12	F	11	
211	1	32:19.2	Mary Alice Rossi	F 60	F	64	
212	4	32:22.4	suzanne morris	F 50	F	52	
213	27	32:36.6	Connor Dunn	M Under 12	M	11	
214	14	32:37.3	Rylee Ingram	F 12-14	F	12	
215	26	32:42.8	Roger Vlietstra	M 40	M	46	
216	29	32:46.8	Arthur Maciorowski	M 12-14	M	13	

217	15	32:52.9	Emma Lidsky	F 12-14	F	13	
218	27	32:54.8	Kevin Dunn	M 40	M	47	
219	5	33:02.0	DeAnna Kearney	F 50	F	51	
220	26	33:03.2	Donna Volpe	F 40	F	42	Born to Run
221	8	33:03.2	Hiceon Howe-Richards	F 20	F	26	Born to Run
222	12	33:04.1	Brett Kwak	M 15-19	M	19	
223	20	33:04.2	John Collins	M 50	M	50	
224	6	33:06.7	Ellen Gay	F 50	F	52	
225	28	33:12.7	Vincent Stoffel	M Under 12	M	10	LAX Rules
226	29	33:15.0	Jack Burke	M Under 12	M	10	LAX Rules
227	7	33:24.6	Kathryn Grant	F 30	F	38	
228	16	34:00.9	Kaley Harnett	F 12-14	F	14	
229	28	34:03.0	Robert Fiorile	M 40	M	44	
230	17	34:05.8	Hadley Noonan	F 12-14	F	12	Advanced Crane Services
231	16	34:06.7	Paige Tojeira	F Under 12	F	11	Rockers
232	18	34:08.6	Karina Jeffery	F 12-14	F	13	Class of 2020
233	8	34:16.2	Joelene Lenyk	F 30	F	38	
234	21	34:21.0	Jeff Reisinger	M 50	M	50	
235	4	34:30.4	Briana Parker		F	17	
236	2	34:33.1	Manon Bisbe	F 60	F	61	
237	9	34:41.9	Jennifer Tarantino	F 20	F	27	
238	17	34:45.6	Caitlyn Finn	F Under 12	F	10	
239	29	34:46.6	James King	M 40	M	40	
240	9	34:48.1	Danielle Finn	F 30	F	35	
241	10	34:50.2	Heather Fisher	F 30	F	39	
242	10	34:50.9	Heather Tennant	F 20	F	23	
243	2	34:50.9	Al Swan	M 70	M	74	
244	30	35:08.4	Christopher Villon	M 12-14	M	12	Revolution
245	27	35:11.1	Lauren Freshi	F 40	F	42	
246	31	35:14.5	Dylan Ho	M 12-14	M	14	
247	28	35:27.0	Fiona Rose	F 40	F	43	
248	2	35:30.4	Emily Cocuzza	F 15-19	F	17	
249	29	36:19.0	Blair Ransom	F 40	F	47	
250	18	36:34.5	Shannon Kincaid	F Under 12	F	9	
251	3	36:34.6	Suzanne Wilson	F 60	F	61	
252	19	36:38.1	Isabella Boran	F Under 12	F	6	
253	19	37:10.6	Alyssa Post	F 12-14	F	12	Advanced Crane Services
254	20	37:10.8	Caroline Bochna	F Under 12	F	11	Advanced Crane Services
255	30	37:10.8	Peter Sutula	M Under 12	M	9	
256	11	37:10.9	Anita Talalaj	F 20	F	26	Advanced Crane Services
257	31	37:15.4	Owen Schouten	M Under 12	M	10	
258	11	37:23.8	Christine Schouten	F 30	F	35	
259	21	37:48.5	Willow Phelps	F Under 12	F	7	
260	30	37:48.6	Billy Phelps	M 40	M	43	
261	12	37:50.8	ASHLEY LESKANIC	F 30	F	31	
262	13	37:50.8	Tracey Heusser	F 30	F	30	
263	22	38:53.1	Maria Weis	F Under 12	F	11	class of 2022
264	30	38:59.1	Holly Dykst	F 40	F	49	
265	32	39:16.3	Jack Schmitt	M Under 12	M	9	
266	18	39:24.2	Mike Gesumaria	M 30	M	32	
267	7	39:27.8	Beverly Vlietstra	F 50	F	50	
268	23	39:38.6	Chloe Ho	F Under 12	F	10	
269	24	39:38.6	Amy Rod	F Under 12	F	9	Class of 2022
270	1	40:06.4	Jennifer Hsu	F 70	F	70	
271	3	40:08.9	Lloyd Haas	M 70	M	72	

272	25	40:10.6	Rachel Rives	F Under 12	F	11	
273	22	40:18.5	Richard Rives	M 50	M	53	
274	33	40:19.1	Jonah King	M Under 12	M	9	
275	31	40:48.7	Audrey Lidsky	F 40	F	48	
276	20	41:03.8	Stephanie Brudnicki	F 12-14	F	12	
277	21	41:03.8	Gianna Mitchell	F 12-14	F	12	
278	26	41:10.1	Allison Lenyk	F Under 12	F	8	
279	27	41:10.3	Flanagan Megan	F Under 12	F	8	
280	28	41:10.9	Erin Baione	F Under 12	F	8	
281	29	41:26.5	Alana Randd	F Under 12	F	8	
282	4	42:30.3	Bob Dittmer	M 70	M	75	
283	5	45:30.3	Jeff Kruithoff	M 20	M	25	Born to Run
284	12	45:30.4	Mia Volpe	F 20	F	20	Born to Run
285	23	45:35.3	Maureen Harris	M 50	M	53	
286	30	46:12.6	Jordyn Kolstein	F Under 12	F	8	
287	31	46:19.7	Catherine Wiley	F Under 12	F	8	
288	31	46:20.3	Todd Wiley	M 40	M	45	
289	32	48:13.2	Margaret OToole	F 40	F	48	
290	13	48:13.3	Mary OToole	F 20	F	22	
291	32	49:37.0	Michael Volpe	M 40	M	43	Born to Run
292	8	51:12.4	Susan McEnemy	F 50	F	59	
293	33	51:57.8	Lynda Edwards	F 40	F	46	
294	14	51:57.8	Martha Wagner	F 20	F	22	